

#CHALLENGEME

TO SAVE SOMEONE'S LIFE

Do you want to challenge yourself this year? Or are you already doing a challenge and looking for a great cause?

What is Been There?

Been There provides life-changing support for individuals struggling with their body image by connecting them to a Mentor with lived experience of managing and overcoming these issues. This is done via our app.

"MY TIME WITH BEEN THERE GENUINELY CHANGED MY LIFE AND PLAYED SUCH A HUGE ROLE IN MY DECISION NOT TO GO THROUGH WITH MY SUICIDE PLAN." - BELLA

CHALLENGE YOURSELF TO SAVE ANOTHER BELLA

GET INVOLVED

1. **Choose** your challenge
2. **Pledge** by scanning the QR code and filling out our contact form
3. **Challenge** your friends too
4. Get **fundraising**

Do it for Been There

Do it for you

Do it to save future Mentees

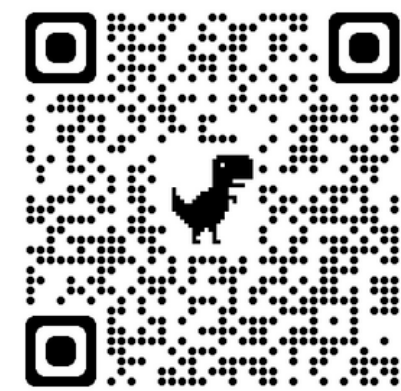


£260 to support 1 Mentee through mentoring

LET'S SAVE 200 MENTEES TOGETHER

By the end of July

PLEDGE NOW



www.beenthereapp.com